

## Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

## Results - Session 3 (Warmup 4.15 - 5.15)

## Event 104 Girls 12-13 200 LC Meter Backstroke

Name	Age	Team	Finals Time	
<b>Finals</b>				
1 Roberts, Rosie	13	Torfaen D	2:27.90	
	34.21	37.80	38.82	37.07
2 Davies, Isla	12	Nofio S Gar	2:28.28	
	34.68	38.62	38.70	36.28
3 Tovey, Lyra	13	Mt Kelly	2:30.71	
	34.98	38.27	39.11	38.35
4 Emms, Ela	13	Co Cardiff	2:39.84	
	35.63	39.48	42.73	42.00
5 Williams, Paige	13	Swansea Aq	2:40.35	
	38.46	40.96	40.54	40.39
6 Owen, Nel	12	NofioGwynedd	2:40.69	
	38.16	40.11	41.88	40.54
7 Morgan, Millie	13	Teddington	2:43.33	
	37.72	41.72	42.89	41.00
8 Gray-Thomas, Jessica	12	Conwy	2:44.04	
	40.50	41.78	41.13	40.63

## Event 104 Women 200 LC Meter Backstroke Super Final

Name	Age	Team	Finals Time	
<b>Finals</b>				
1 Marshall, Holly	19	Co Cardiff	2:18.26	
	32.84	35.11	35.25	35.06
2 Logan, Constance	17	Co B'Ton & H	2:19.26	
	32.16	35.14	36.18	35.78
3 Titchener, Megan	17	Torfaen D	2:20.57	
	32.48	34.98	36.59	36.52
4 Daniel, Megan	15	Caradon	2:22.86	
	32.54	36.24	37.34	36.74
5 Stephenson, Ruby	18	Swansea Uni	2:23.90	
	33.61	36.19	36.96	37.14
6 Humphreys, Ffion	17	NofioGwynedd	2:25.18	
	33.14	35.90	37.82	38.32
7 Prosser, Sofia	13	Torfaen D	2:25.44	
	34.06	37.18	37.42	36.78
8 Winstanley, Elin	16	Co Hereford	2:26.15	
	34.27	38.27	38.68	34.93

## Event 104 Women 14-15 200 LC Meter Backstroke

Name	Age	Team	Finals Time	
<b>Finals</b>				
1 Hall, Emily	15	Warrington W	2:27.91	
	34.22	38.26	38.62	36.81
2 Spence, Emilia	14	Co Birm'ham	2:28.87	
	34.28	37.45	40.12	37.02
3 Edwards, Alaw	15	NofioGwynedd	2:28.99	
	34.84	38.09	38.22	37.84
4 Bennett, Isla	14	Co Cardiff	2:29.97	
	33.98	37.17	39.21	39.61
5 Thomas, Serenity	15	NofioGwynedd	2:30.64	
	35.07	37.63	39.05	38.89
6 Allen, Isabel	14	Co Cardiff	2:31.33	
	35.46	38.93	38.74	38.20
7 Hutchon, Annie	14	EllesmereCSA	2:32.07	
	35.09	38.13	39.37	39.48
8 Roberts, Mali	15	NofioGwynedd	2:36.16	
	35.38	39.42	40.49	40.87

## Event 104 Women 16-17 200 LC Meter Backstroke

Name	Age	Team	Finals Time	
<b>Finals</b>				
1 Darby, Daisy	17	Teddington	2:25.26	
	34.32	36.75	37.75	36.44
2 Hatton-Ellis, Isabelle	17	Swansea Aq	2:25.96	
	33.65	36.77	38.04	37.50
3 Hernandez Taylor, Ivy	16	Hackney	2:29.85	
	34.28	38.02	38.78	38.77
4 Slinn, Esme	16	EllesmereCSA	2:29.96	
	35.11	37.92	38.53	38.40
5 Huws, Awen	17	Rct Squad	2:33.66	
	36.17	39.56	38.64	39.29
6 Parfitt, Lucy	17	Co Cardiff	2:34.92	
	36.32	38.78	40.02	39.80
7 Woodruff, Aimee	16	Crawley	2:36.56	
	35.71	39.32	40.81	40.72
8 Howson, Ellen	16	Co Newport	2:39.06	
	38.28	40.50	40.43	39.85